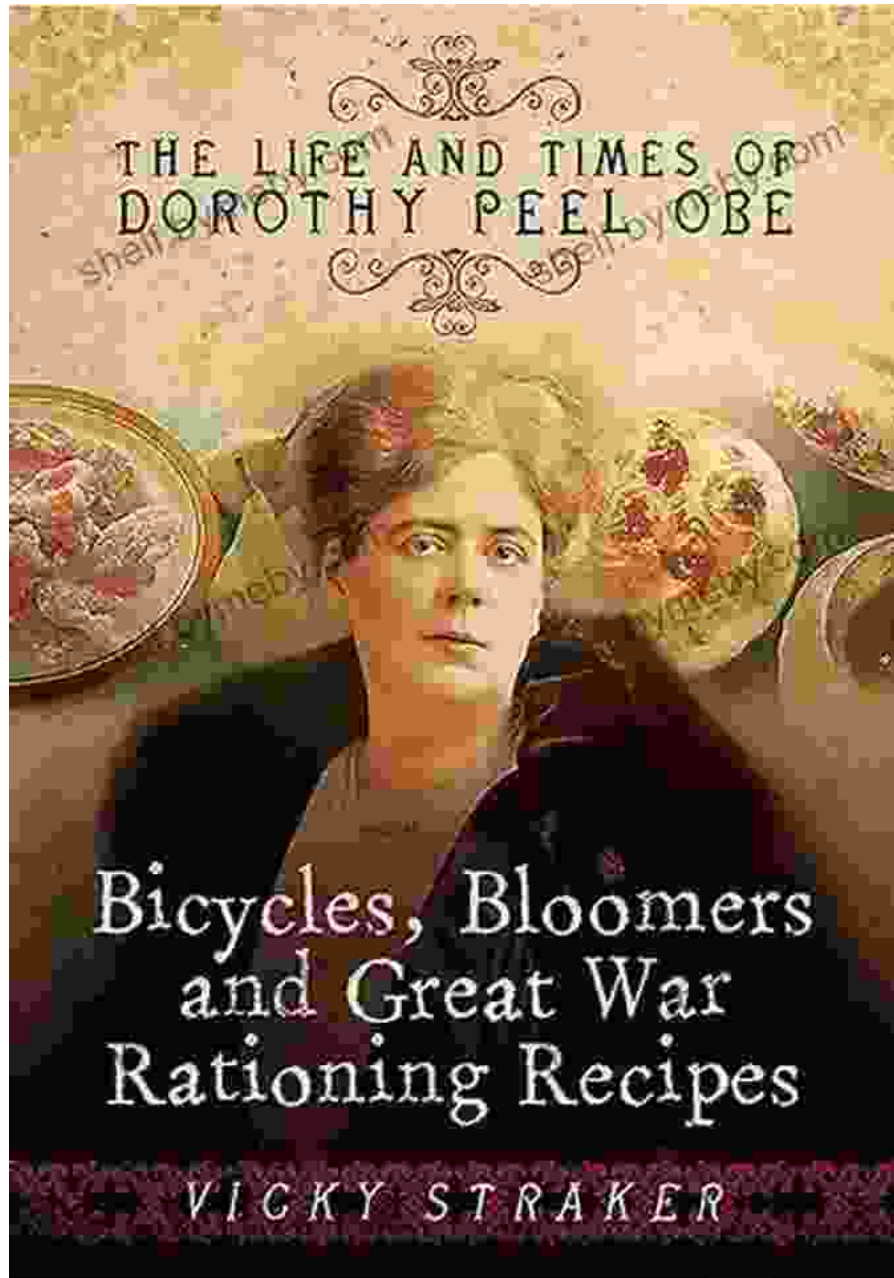


Bicycles, Bloomers, and Great War Rationing Recipes: A Slice of History Come to Life

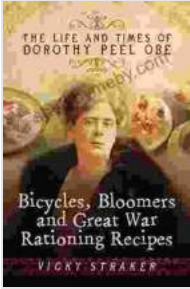


Bicycles, Bloomers and Great War Rationing Recipes:

The Life and Times of Dorothy Peel OBE by Vicky Straker

★★★★☆ 4.2 out of 5

Language : English



File size	: 21743 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 347 pages
Lending	: Enabled
Screen Reader	: Supported

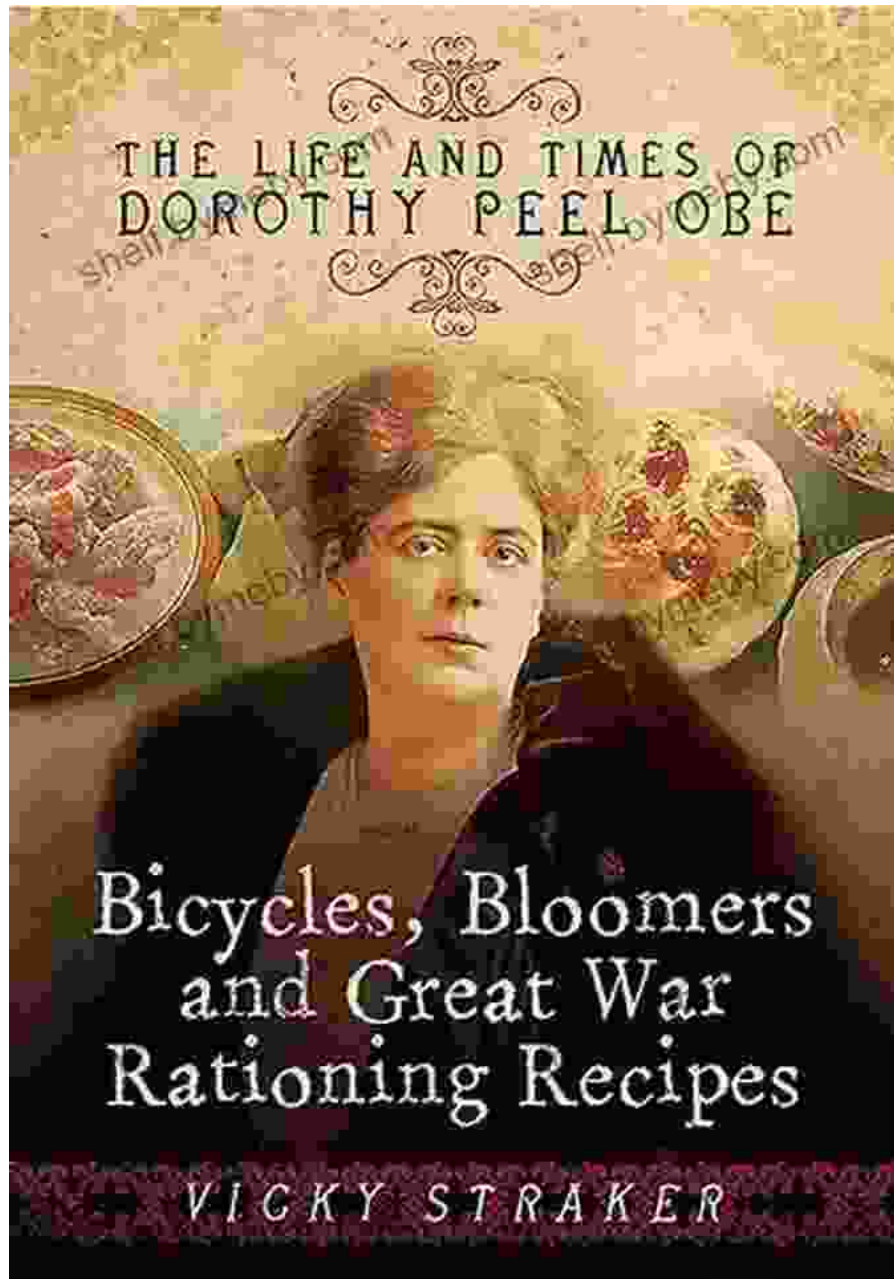


In the tumultuous years of the Great War, amidst the roar of cannons and the anguish of loss, a remarkable story unfolded on the home front. Women, traditionally confined to domestic duties, embraced new roles and responsibilities, showcasing their unwavering resilience and adaptability.

Bloomers, Bicycles, and the Suffragette Movement

Prior to the war, the suffragette movement had gained significant momentum, advocating for women's right to vote. As the men marched off to battlefields, women stepped into their vacated roles in factories, hospitals, and other essential services.

The bicycle, once considered unladylike, became an indispensable tool for women to navigate the streets and countryside. They adopted bloomers, a type of loose pants, as a practical and comfortable alternative to restrictive skirts.



Wartime Rationing and Resourcefulness

The war imposed severe rationing on food and other resources, forcing families to find creative ways to feed themselves. Women were tasked with stretching meager supplies and making do with whatever they could find.

'Bicycles, Bloomers, and Great War Rationing Recipes' offers a glimpse into the ingenuity of these women. The book features over 100 authentic recipes that were adapted to the limited ingredients available during the war.

- **Vegetable Marmalade:** A sweet and savory spread made from carrots, turnips, and onions.
- **Nettle Soup:** A nutritious and hearty soup made from wild nettles, a plant readily available in the countryside.
- **Ration Bread:** A dense and flavorful bread made with a mixture of wheat and barley flour.

Beyond Recipes: A Social and Historical Perspective

The book is more than just a collection of recipes. It provides a fascinating social and historical perspective on the Great War era, shedding light on the challenges and triumphs faced by women.

Through personal anecdotes, newspaper articles, and archival photographs, the book paints a vivid picture of the home front, revealing the lesser-known aspects of the war.

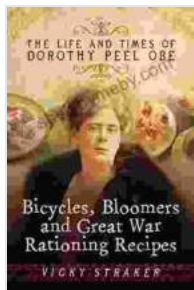


A Timeless Legacy

'Bicycles, Bloomers, and Great War Rationing Recipes' is not only a historical document but also a testament to the enduring spirit of women. The recipes featured in the book are a reminder of their resilience and their ability to overcome adversity.

Whether you're a history buff, a lover of food, or simply curious about the past, this book will captivate and inspire you. It offers a unique opportunity to step back in time and experience the Great War from a different perspective.

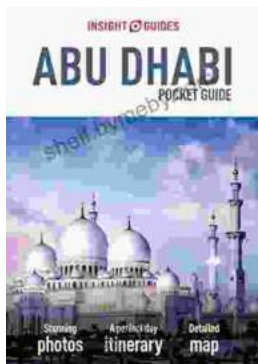
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