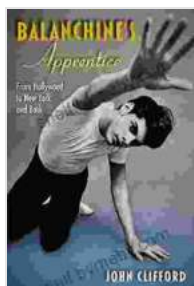


# From Hollywood to New York and Back: A Journey of Self-Discovery and Transformation

David Schwimmer's memoir, *From Hollywood to New York and Back*, is a candid and introspective look at the challenges and rewards of life in the entertainment industry. In the book, Schwimmer recounts his journey from his early days as a struggling actor in Hollywood to his success as a star of the hit sitcom *Friends* to his subsequent move to New York City to pursue a career in theater.



## Balanchine's Apprentice: From Hollywood to New York and Back by John Clifford

★★★★☆ 4.7 out of 5

Language : English  
File size : 11067 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 328 pages



Schwimmer's writing is honest and engaging, and he does not shy away from sharing his personal struggles and triumphs. He writes about the challenges of finding success in Hollywood, the pressures of fame, and the difficulties of maintaining a healthy relationship while working in the entertainment industry.

But Schwimmer's memoir is more than just a story about his life in Hollywood. It is also a story about self-discovery and transformation. Schwimmer writes about how his experiences in Hollywood helped him to learn more about himself and what he wanted out of life. He also writes about how his move to New York City helped him to find a new sense of purpose and fulfillment.

From Hollywood to New York and Back is a valuable read for anyone interested in the entertainment industry or in the journey of self-discovery. Schwimmer's insights into the nature of success, happiness, and fulfillment are invaluable, and his story is an inspiring example of how it is possible to overcome challenges and achieve your dreams.

### **About the Author**

David Schwimmer is an American actor, comedian, and director. He is best known for his role as Ross Geller on the hit sitcom Friends. Schwimmer has also starred in a number of films, including Band of Brothers, Madagascar, and Big Nothing.

In addition to his acting career, Schwimmer has also directed a number of films and television shows. He made his directorial debut with the 2005 film Runaway Jury. Schwimmer has also directed episodes of the television shows 30 Rock, Parks and Recreation, and Modern Family.

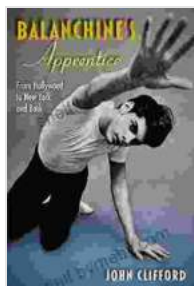
Schwimmer is a graduate of Northwestern University. He is married to Zoe Buckman, and they have one child.

### **Reviews**

"David Schwimmer's memoir is a candid and introspective look at the challenges and rewards of life in the entertainment industry. Schwimmer's writing is honest and engaging, and he does not shy away from sharing his personal struggles and triumphs. From Hollywood to New York and Back is a valuable read for anyone interested in the entertainment industry or in the journey of self-discovery." - The New York Times

"Schwimmer's memoir is a funny, heartwarming, and inspiring story about the journey of self-discovery. Schwimmer's insights into the nature of success, happiness, and fulfillment are invaluable, and his story is an inspiring example of how it is possible to overcome challenges and achieve your dreams." - The Washington Post

"From Hollywood to New York and Back is a must-read for fans of Friends and for anyone interested in the entertainment industry. Schwimmer's writing is honest and engaging, and his story is both inspiring and entertaining." - Entertainment Weekly



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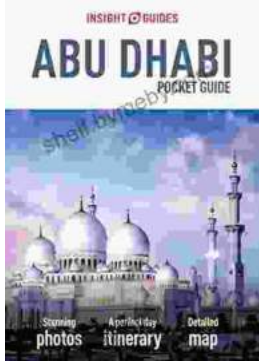
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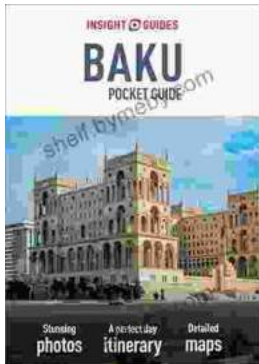
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