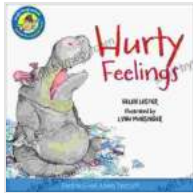


Hurty Feelings: Laugh-Along Lessons by Helen Lester



Hurty Feelings (Laugh-Along Lessons) by Helen Lester

★★★★☆ 4.6 out of 5

Language : English

File size : 3940 KB

Text-to-Speech : Enabled

Word Wise : Enabled

Print length : 35 pages

Lending : Enabled

Screen Reader : Supported



Hurty Feelings: Laugh-Along Lessons is a delightful children's book that teaches important lessons about empathy, forgiveness, and emotional intelligence. With charming illustrations and relatable stories, this book will help kids navigate the ups and downs of growing up and build strong relationships.

What's Inside?

Hurty Feelings is divided into three sections:

1. **Hurty Feelings:** This section introduces the concept of hurt feelings and helps kids identify the different ways they can feel hurt. It also provides tips for coping with hurt feelings in a healthy way.
2. **Forgiveness:** This section teaches kids about the importance of forgiveness and how to forgive others who have hurt them. It also

provides tips for letting go of anger and resentment.

3. **Emotional Intelligence:** This section helps kids develop their emotional intelligence by teaching them how to identify and manage their emotions. It also provides tips for building healthy relationships.

Why This Book?

Hurty Feelings is a valuable resource for parents and educators who want to help kids develop their emotional intelligence. This book is also a great way to start conversations about difficult topics such as hurt feelings, forgiveness, and anger.

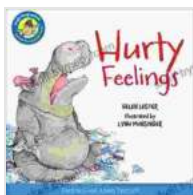
Here are just a few of the benefits of reading Hurty Feelings:

- Helps kids identify and label their emotions
- Teaches kids how to cope with hurt feelings in a healthy way
- Promotes empathy and compassion
- Encourages forgiveness and reconciliation
- Builds emotional intelligence

Hurty Feelings: Laugh-Along Lessons is a must-read for any parent or educator who wants to help kids develop their emotional intelligence. This book is a valuable resource that can help kids navigate the ups and downs of growing up and build strong relationships.

Free Download your copy of Hurty Feelings today and start teaching your kids about the importance of emotional intelligence!

Free Download Now



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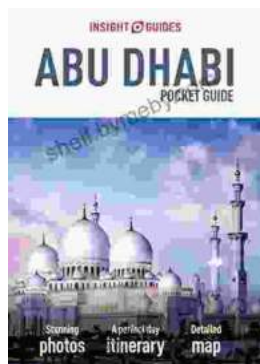
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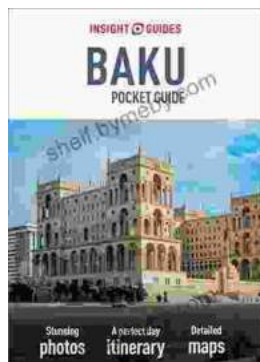
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