## Please Enjoy Your Happiness: A Memoir of Unconditional Love and Enduring Hope

In his deeply personal and inspiring memoir, *Please Enjoy Your Happiness*, best-selling author and spiritual teacher John Morton shares his remarkable journey of finding happiness and fulfillment in the midst of life's challenges.

John's story begins in a small town in the Midwest, where he grew up in a loving but dysfunctional family. His father was an alcoholic, and his mother was often overwhelmed by depression. Despite these challenges, John found solace in his love of nature and his deep faith in God.



#### Please Enjoy Your Happiness: A Memoir

by Paul Brinkley-Rogers

★★★★★ 4.2 out of 5
Language : English
File size : 4535 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 369 pages



As John grew older, he began to question the traditional paths to happiness that were laid out for him. He didn't want to get married, have children, and work a 9-to-5 job. He wanted to live a life that was true to his own values and passions.

After graduating from college, John moved to New York City to pursue his dream of becoming a writer. He worked as a waiter and a bartender while he wrote his first novel. It wasn't an easy road, but John never gave up on his dream. He persevered through rejection and self-doubt, and eventually his novel was published.

John's book was a success, and he soon became a sought-after speaker and teacher. He traveled the world, sharing his message of hope and happiness with others. But even as he achieved his dreams, John struggled with his own personal demons. He battled addiction, depression, and anxiety. He also experienced the loss of several loved ones.

Through it all, John never lost his faith in the power of love. He learned that happiness is not a destination but a journey. It's not about achieving a certain goal or reaching a certain level of success. It's about living each day with purpose and gratitude. It's about loving yourself and others unconditionally.

In *Please Enjoy Your Happiness*, John shares the lessons he's learned on his journey. He offers practical advice on how to overcome adversity, find your true purpose, and live a life filled with joy and fulfillment.

This book is a must-read for anyone who is seeking happiness and meaning in their lives. It is a story of hope, resilience, and the enduring power of love.

#### Praise for *Please Enjoy Your Happiness*

"John Morton's memoir is a beautiful and inspiring reminder that happiness is possible, even in the midst of life's challenges. His story is a testament to

the power of love, faith, and the human spirit." — Marianne Williamson, author of *A Return to Love* 

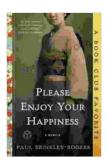
"John Morton is one of the most gifted spiritual teachers of our time. His memoir is a profound and deeply personal exploration of the nature of happiness. This book will change lives." —Dr. Wayne Dyer, author of *The Power of Intention* 

"Please Enjoy Your Happiness is a must-read for anyone who is seeking happiness and meaning in their lives. John Morton's story is a powerful reminder that we are all capable of creating a life filled with joy and fulfillment." —Gabrielle Bernstein, author of *Miracles Now* 

#### **About the Author**

John Morton is a best-selling author and spiritual teacher. He has written over 20 books on spirituality, personal growth, and happiness. His books have been translated into over 30 languages and have sold over 2 million copies worldwide. John has appeared on numerous television and radio shows, including The Oprah Winfrey Show, The Today Show, and Good Morning America. He has also been featured in magazines such as Time, Newsweek, and The New York Times.

John lives in New York City with his wife, Karen. They have two children.



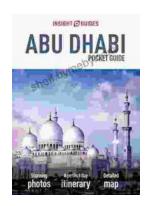
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