

Skiing Into The Bright Open: A Journey of Discovery and Transformation





Skiing into the Bright Open: My Solo Journey to the South Pole by Liv Arnesen

★★★★☆ 4.5 out of 5

- Language : English
- File size : 1562 KB
- Text-to-Speech : Enabled
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Screen Reader : Supported



In her memoir, *Skiing Into The Bright Open*, author and adventurer Sarah Marquis chronicles her journey of self-discovery and transformation as she embarks on a solo ski expedition across the Canadian Rockies.

Sarah has always been drawn to the mountains. As a child, she would spend hours exploring the slopes near her home in Banff, Alberta. When she was 16, she joined a ski racing team and quickly discovered her passion for the sport. After graduating from high school, Sarah moved to the United States to pursue her dream of becoming a professional skier. She spent the next several years competing in races and training with some of the best skiers in the world.

But in 2010, Sarah's life took an unexpected turn. She was diagnosed with a rare form of cancer. The news was devastating, but Sarah was determined to fight. She underwent surgery and chemotherapy, and after a year of treatment, she was declared cancer-free.

After her cancer diagnosis, Sarah realized that she needed to make some changes in her life. She decided to quit ski racing and focus on her other passions, including writing and photography. She also started spending more time in the mountains, finding solace in the beauty of the natural world.

In 2014, Sarah embarked on a solo ski expedition across the Canadian Rockies. She skied for over 1,000 miles, from the Banff Springs Hotel to

the Arctic Ocean. Along the way, she faced many challenges, including extreme weather conditions, difficult terrain, and loneliness. But she also experienced some of the most amazing moments of her life, including witnessing the Northern Lights, skiing on glaciers, and meeting inspiring people from all over the world.

Skiing Into The Bright Open is a powerful and inspiring story about one woman's journey of self-discovery and transformation. It is a story about the power of resilience, the importance of human connection, and the beauty of the natural world. It is a story that will resonate with anyone who has ever dreamed of pushing their limits and living a life of adventure.

Praise for *Skiing Into The Bright Open*

"Sarah Marquis's *Skiing Into The Bright Open* is a beautifully written and inspiring memoir. It is a story of courage, resilience, and the power of the human spirit. I highly recommend this book to anyone who loves adventure, the outdoors, or simply a good story." - Jon Krakauer, author of *Into Thin Air* and *Into the Wild*

"Sarah Marquis is a true adventurer and an inspiration. Her story of solo skiing across the Canadian Rockies is both thrilling and heartwarming. *Skiing Into The Bright Open* is a must-read for anyone who loves the outdoors or who is looking for a story of hope and resilience." - Cheryl Strayed, author of *Wild*

About the Author

Sarah Marquis is an author, adventurer, and speaker. She is the author of the memoir *Skiing Into The Bright Open*. Sarah has also written for *The New York Times*, *National Geographic*, and *Outside* magazine. She is a

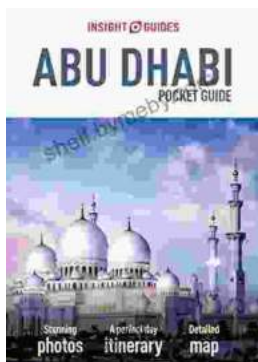
passionate advocate for the environment and for women in adventure sports. Sarah lives in Banff, Alberta, with her husband and two children.



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