Ten Commandments for Security and Compliance in the Modern Cyber World

- Thou shalt use strong passwords. Your passwords are the keys to your online accounts, so it's important to make them strong and difficult to guess. Use a combination of uppercase and lowercase letters, numbers, and symbols, and avoid using common words or phrases.
- Thou shalt not open suspicious emails or attachments. Phishing emails are one of the most common ways for cyber criminals to steal your personal information. If you receive an email from someone you don't know, or if the email contains unexpected attachments, don't open it.
- 3. Thou shalt keep thy software up to date. Software updates often include security patches that can help protect your systems from vulnerabilities. It's important to install updates as soon as possible after they are released.
- 4. **Thou shalt use a firewall.** A firewall is a software or hardware device that helps protect your network from unauthorized access. Firewalls can block incoming and outgoing traffic that is not authorized, and they can also help to prevent the spread of viruses and other malware.
- 5. Thou shalt use antivirus software. Antivirus software can help protect your systems from viruses and other malware. It's important to keep your antivirus software up to date and to scan your systems regularly for threats.
- 6. Thou shalt back up thy data. If your systems are compromised by a cyber attack, you may lose valuable data. To protect your data, it's

important to back it up regularly to a secure location.

- 7. Thou shalt have a disaster recovery plan. A disaster recovery plan is a set of procedures that you can follow in the event of a cyber attack or other disaster. A good disaster recovery plan will help you to recover your systems and data quickly and efficiently.
- 8. Thou shalt train thy employees about cybersecurity. Your employees are your first line of defense against cyber attacks. It's important to train them about the latest cybersecurity threats and best practices so that they can help to protect your business.
- 9. Thou shalt comply with all applicable laws and regulations. There are a number of laws and regulations that govern cybersecurity. It's important to be aware of these laws and regulations and to comply with them to avoid penalties and fines.
- 10. Thou shalt seek professional help if needed. If you're not sure how to protect your systems from cyber threats, or if you've been the victim of a cyber attack, you should seek professional help. A qualified cybersecurity professional can help you to assess your risks, develop a security plan, and recover from a cyber attack.

By following these ten commandments, you can help to protect your data and systems from cyber threats and stay compliant in the modern cyber world.

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by Igor Ljubuncic $\Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow 5$ out of 5

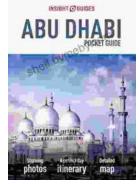
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