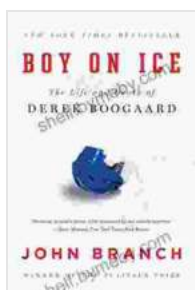


The Life and Death of Derek Boogaard: A Tragic Tale of Hockey and Addiction

Derek Boogaard was a rising star in the NHL. He was a 6'8", 265-pound defenseman who was known for his physicality and toughness. He was a fan favorite in Minnesota, where he played for the Wild, and he was also a member of the New York Rangers and Winnipeg Jets.



Boy on Ice: The Life and Death of Derek Boogaard

by John Branch

★★★★☆ 4.7 out of 5

Language : English
File size : 1386 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 385 pages



But Boogaard's life was cut short by addiction. He died in 2011 at the age of 28 from an overdose of alcohol and oxycodone. His death sent shockwaves through the hockey world and beyond.

In The Life and Death of Derek Boogaard, author John Branch tells the tragic story of Boogaard's life. Branch draws on interviews with Boogaard's family, friends, and teammates to paint a vivid portrait of a man who was both deeply troubled and deeply loved.

Branch's book is a must-read for hockey fans and anyone interested in the devastating effects of addiction. It is a powerful and heartbreaking story that will stay with you long after you finish reading it.

Derek Boogaard's Early Life

Derek Boogaard was born in Regina, Saskatchewan, on June 23, 1982. He was the youngest of five children. His father, Len, was a police officer, and his mother, Joanne, was a homemaker. Boogaard's parents divorced when he was young, and he lived with his mother and stepfather for most of his childhood.

Boogaard was a gifted athlete from a young age. He played hockey, football, and baseball, and he excelled at all three sports. He was also a talented musician, and he played the guitar and drums.

Boogaard's life took a turn for the worse when he was in high school. He began drinking alcohol and using drugs, and he got into fights. He was suspended from school several times, and he eventually dropped out.

Derek Boogaard's NHL Career

Despite his off-ice problems, Boogaard was still a talented hockey player. He was drafted by the Minnesota Wild in the seventh round of the 2001 NHL Entry Draft. He made his NHL debut in 2003, and he quickly became a fan favorite.

Boogaard was a physical presence on the ice. He was not afraid to fight, and he was known for his hard hits. He was also a surprisingly good skater for his size, and he could make some impressive plays with the puck.

Boogaard's NHL career was cut short by addiction. He was suspended several times for drug use, and he eventually entered rehab. He returned to the NHL in 2009, but he was never the same player. He was traded to the New York Rangers in 2010, and he finished his career with the Winnipeg Jets.

Derek Boogaard's Death

Derek Boogaard died on May 13, 2011, from an overdose of alcohol and oxycodone. He was 28 years old.

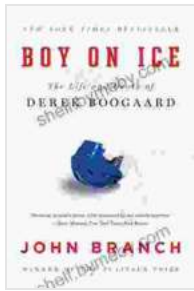
Boogaard's death was a shock to the hockey world. He was a popular player, and his death sent ripples through the league.

Boogaard's death is a reminder of the devastating effects of addiction. Addiction can take many forms, and it can affect anyone, regardless of their age, race, or socioeconomic status.

If you or someone you know is struggling with addiction, please seek help. There are many resources available to help people get their lives back on track.

The Life and Death of Derek Boogaard is a tragic story. It is a story about a man who had so much potential, but who was ultimately defeated by addiction.

Boogaard's story is a reminder that addiction is a serious disease. It is a disease that can kill. If you or someone you know is struggling with addiction, please seek help. There is hope.

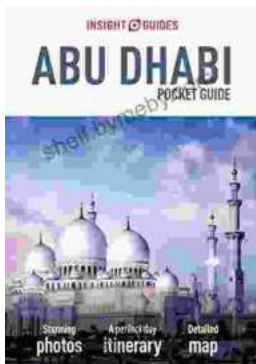


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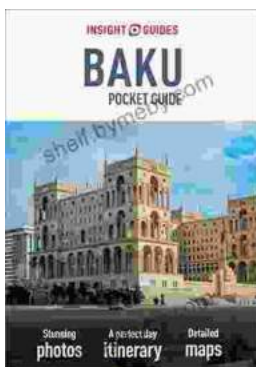
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