

Wayfinding With The Skills Of The Ancients: Reconnecting With Our Innate Navigational Abilities

In a world increasingly reliant on technology, we have lost touch with our innate navigational abilities. We have become dependent on GPS devices and smartphone apps to guide us, and as a result, we have lost the skills and knowledge that our ancestors used to navigate the world around them.



The Barefoot Navigator: Wayfinding with the Skills of the Ancients by Jack Lagan

★★★★☆ 4.6 out of 5

Language : English
File size : 14163 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 444 pages



Wayfinding With The Skills Of The Ancients is a comprehensive guide to the art and science of natural navigation, offering a unique blend of ancient wisdom and modern scientific research. This book will teach you how to harness your innate navigational abilities and navigate with confidence in any environment, whether you're hiking in the wilderness, sailing on the open ocean, or simply trying to find your way around a new city.

Author Tristan Gooley, a renowned naturalist and navigation expert, draws on his years of experience teaching natural navigation to share a wealth of practical knowledge and insights. He covers everything from basic map and compass skills to advanced techniques such as celestial navigation and animal tracking. He also explores the history of navigation, from the earliest human migrations to the development of modern technologies.

Wayfinding With The Skills Of The Ancients is more than just a how-to guide. It is also a journey of self-discovery. By learning how to navigate without the use of technology, you will not only gain a valuable life skill, but you will also reconnect with your own inner compass and develop a deeper understanding of the world around you.

What You Will Learn in Wayfinding With The Skills Of The Ancients

- The basics of map and compass navigation
- How to use natural signs to navigate, such as the sun, stars, moon, and animal tracks
- How to forecast the weather and use it to your advantage
- How to survive in the wilderness if you get lost
- And much more!

Who Should Read Wayfinding With The Skills Of The Ancients?

Wayfinding With The Skills Of The Ancients is a valuable resource for anyone who enjoys spending time outdoors, whether you're a hiker, backpacker, sailor, canoeist, kayaker, or simply someone who wants to learn more about the natural world. It is also a great book for teachers, educators, and anyone who works with youth groups.

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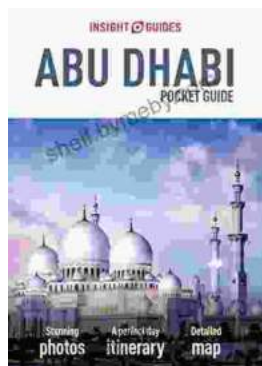
Wayfinding With The Skills Of The Ancients is available now from all major bookstores and online retailers. Free Download your copy today and start your journey to becoming a master navigator!



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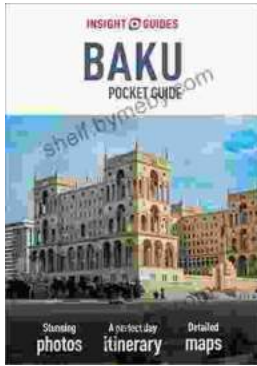
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