

What to Expect the Second Year: A Comprehensive Guide for Parents



What to Expect the Second Year: From 12 to 24 Months (What to Expect (Workman Publishing)) by Heidi Murkoff

★★★★☆ 4.7 out of 5

Language	: English
File size	: 5719 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 1083 pages



The second year of a child's life is a time of tremendous growth and change. Your baby is becoming a toddler, and with that comes new challenges and joys. *What to Expect the Second Year* is the ultimate guide to help you navigate this exciting time.

This comprehensive resource covers everything you need to know about your child's development, health, and behavior. From feeding and sleep to potty training and discipline, Heidi Murkoff and Sharon Mazel provide expert advice and practical tips.

You'll also find real-life stories from other parents who have been through it all. Their experiences will help you feel less alone and more confident in your own parenting journey.

What's Inside

What to Expect the Second Year covers a wide range of topics, including:

- Feeding: How to introduce new foods, deal with picky eaters, and ensure your child is getting the nutrients they need
- Sleep: How to establish healthy sleep habits, troubleshoot sleep problems, and get your child to sleep through the night
- Development: What to expect in terms of physical, cognitive, and emotional development
- Behavior: How to deal with common toddler behaviors, such as tantrums, biting, and hitting
- Health: How to keep your child healthy, including information on vaccinations, common illnesses, and safety
- Potty training: When to start, how to do it, and what to expect
- Discipline: How to set limits and teach your child right from wrong

Why You Need This Book

What to Expect the Second Year is a must-have for any parent of a toddler.

It will help you:

- Understand your child's development and needs
- Solve common parenting challenges
- Feel more confident in your parenting abilities
- Create a strong and loving bond with your child

Free Download Your Copy Today

What to Expect the Second Year is available now at all major bookstores and online retailers. Free Download your copy today and start enjoying the journey of your child's second year!

About the Authors

Heidi Murkoff is the author of the *What to Expect* series, the world's best-selling pregnancy and parenting books. She is also the founder of Whattoexpect.com, the leading pregnancy and parenting website.

Sharon Mazel is a co-author of the *What to Expect* series and a leading expert on child development. She is a regular contributor to Whattoexpect.com and other parenting publications.



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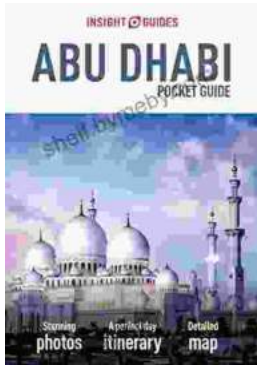
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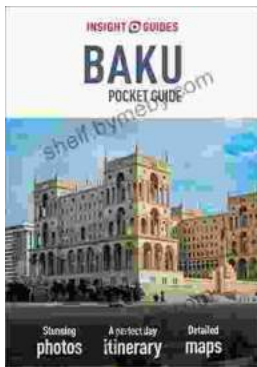
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